



Garlic Shooters



The "shooter" experience is reportedly followed by an immediate feeling of rejuvenation called the "shooter rush" and is the creation of the onion family. Garlic legend maintains that garlic is a stimulant which gives strength and protection. Modern research has begun to identify the ingredients in garlic which help prevent disease.

Ingredients

1 clove garlic per person
1 - 2 slices lemon

Directions

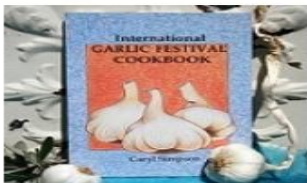
Chop garlic and scoop into a cup. Squeeze lemon juice into the garlic. Add 1 - 2 tablespoons of water. Swirl cup to achieve a circling motion and drink in one gulp. Enjoy!

This recipe from the [International Garlic Festival Cookbook](#).

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International Garlic Festival Cookbook

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